



Anjuman-I-Islam's
College of Hotel & Tourism Management Studies & Research
(Affiliated to the University of Mumbai)

92, Dr. D. N. Road, Opp C.S.M.T. Mumbai - 400 001.

Tel.: +91 22 2263 2817 / 9833279737 • Website : www.anjumanchtmsr.com

E-mail: principal@anjumanihmct.org / principal@anjumanchtmsr.com

Details of Add on Courses Certificate Course (Online Mode) offered by NPTEL, Swayam under Academy Flexibility

Sr. No	Description
1.	Flyers / Brochure

X 

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Anjuman-I-Islam's College of Hotel &
Tourism Management Studies & Research
92, Dr. D. N. Road, Mumbai-400 001





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2020 - 21

Topic Name	Class	Year
Yoga and Positive Psychology for managing career and life	F.Y.BSc.(HS)	2020 - 2021
Public Speaking	F.Y.BSc.(HS)	2020 - 2021
Human Resource Development	F.Y.BSc.(HS)	2020 - 2021
Research Methods In Health Promotion	S.Y.BSc.(HS)	2020 - 2021
Managing Services	S.Y.BSc.(HS)	2020 - 2021
Tourism And Marketing	S.Y.BSc.(HS)	2020 - 2021
Thermodynamics	T.Y.BSc(HS)	2020 - 2021
Corporate Finance	T.Y.BSc(HS)	2020 - 2021
Entrepreneurship	T.Y.BSc(HS)	2020 - 2021

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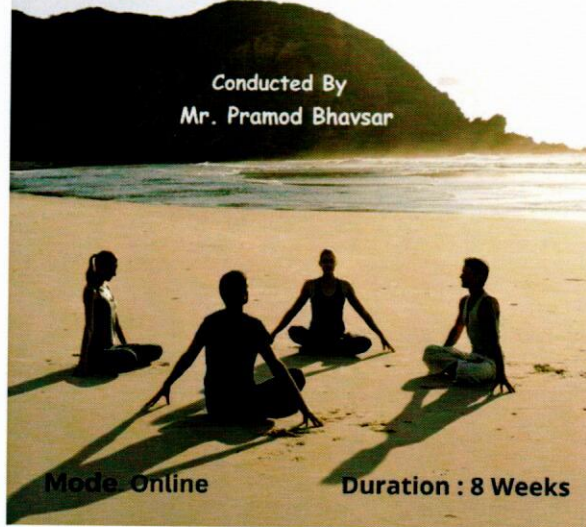


Anjuman-I-Islam's
College Hotel & Tourism
Management Studies and Research

YOGA AND POSITIVE PSYCHOLOGY FOR MANAGING CAREER AND LIFE

Prof. Ashish Pandey | IIT Bombay
NPTEL via Swayam

Conducted By
Mr. Pramod Bhavsar



Mode Online

Duration : 8 Weeks

Week 1: Positive Psychology, Yoga and Indian Psychology: Introduction and Connections

Week 2: Realizing Flourishing and Authentic Happiness in Career and Life

Week 3: Body Mind Connections for Managing Career and Life: Ayurveda and Yoga

Week 4: Nurturing Positive Emotions: Perspective from Positive Psychology and Indian Psychology

Week 5: Building Positive Relationship in Life and at Work

Week 6: Discovering Meaning and Purpose in Career and Life

Week 7: Psychotherapy in Indian Psychology and Yoga Tradition

Week 8: Application of the Concepts of Positive Psychology and Yoga at Workplace

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**Anjuman-I-Islam's
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Management Studies and Research**

PUBLIC SPEAKING

Prof. Binod Mishra IIT - Roorkee,
NPTEL via Swayam

**Conducted By
Mrs. Preeti Tembey**

Duration : 12 Weeks



Mode Online

- Week 1: Introduction to the Course
- Week 2: Prerequisites for Public Speaking
- Week 3: Converting Ideas into Action
- Week 4: Public Speaking as a Performative Act
- Week 5: Use of Non-verbal in Public Speaking
- Week 6: Types of Public Speaking
- Week 7: Speeches: Types and Demonstrations
- Week 8: Interviews
- Week 9: Meetings and Conferences
- Week 10: Oral/Professional Presentation
- Week 11: Creative Use of Language in Public Speaking
- Week 12: Etiquettes and Mannerism in Public Speaking

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HUMAN RESOURCES DEVELOPMENT

Prof. Kailash B L Srivastava
IIT - Kharagpur and NPTEL via Swayam

Conducted by
Ms. Sabiha Gazhali

Mode	Duration
Online	12 Weeks

Week 1: Introduction to Human Resource Development: Emergent of HRD, Critical HRD roles, challenges for HRD

Week 2: HRD in global perspective, HRD- Performance link, Strategic perspective of HRD
Week 3: HRD Process Model: identification of HRD needs and Design and development of HRD programmes

Week 4: HRD Process Model: Methods of Implantation, Evaluation of HRD programmes

Week 5: Employee coaching and performance management: Coaching to improve poor performance, coaching analysis, coaching discussion, coaching skills

Week 6: HRD interventions: Mentoring for employee development: Role of mentoring in development, understanding the role and responsibilities of mentor, mentee, implementing the mentoring process, mentoring relationship,

Week 7: Employee counseling for HRD: Overview of counseling programmes, employee assistance programme, stress management, employee wellness and health promotion

Week 8: Competency framework of HRD: why competency mapping? Understanding the competency mapping framework, steps in competency mapping

Week 9: Career Planning, management, and development: Career development stages and activities, role of individual and organization in career planning, Issues in career management

Week 10: Intellectual capital (IC), its measurement and management: Components of IC, measurement models of IC, IC index and challenges for HR

Week 11: HRD, Organizational Learning, and learning organizations

Week 12: The future of HRD and HRD Ethics: Research, practice and education of HRD for innovation and talent development and management, Role of HRD in developing ethical attitude and behavior and development, Ethical problems with HRD roles

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RESEARCH METHODS IN
HEALTH PROMOTION

Dr. Arista Lahiri
Swayam IIT Kharagpur, AIH&PH, Kolkata

Conducted By
Dr. Girish Sankpal

Mode Online **Duration : 8 Weeks**

- Week 1:** Introduction to Research Methods in Health promotion
- Week 2:** Theories and Models in Health Promotion and Health Behavior - part I
- Week 3:** Theories and Models in Health Promotion and Health Behavior - part II
- Week 4:** Quantitative Techniques in Health Promotion: Research designs
- Week 5:** Qualitative methods in Health Promotion
- Week 6:** Mixed methods techniques in Health Promotion
- Week 7:** Study Tool development in Health Promotion
- Week 8:** Designing interventions in Health Promotion
- Week 9:** BCC and SBCC
- Week 10:** Community-Based Participatory Research in context to Health Promotion
- Week 11:** Data analysis in Health Promotion
- Week 12:** Research Proposal Writing and Reporting the Research Findings

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TEXT, TEXTUALITY AND
DIGITAL MEDIA

Prof. Jayanta Chatterjee
IIT Delhi, NPTEL via Swayam

Conducted By
Mr. Suhel Sayed

Mode
ONLINE

12 WEEKS

- Week 1:** Understanding Media
- Week 2:** Orality and Literacy
- Week 3:** Oral an Manuscript Cultures
- Week 4:** Manuscript to Print
- Week 5:** The Consequences of Print
- Week 6:** Print and Nationalism
- Week 7:** Colonialism and Print in India
- Week 8:** Photography, Flims and Television
- Week 9:** Electronic Literature
- Week 10:** Copyright
- Week 11:** Digital Media and the Mind
- Week 12:** Social Media and the Future

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**TOURISM AND
MARKETING**

Dr. Tangjakhombi Akoijam
IGNOU via Swayam and NPTEL

**CONDUCTED BY
MR. BENNY THOMAS**

**Duration
16 Weeks**

MODE - ONLINE

Week-1

Unit 1: Introduction to Tourism Marketing-Approaches, Relevance and Role

Unit 2: Market Segmentation

Week-2

Unit 3: Tourism Markets: International and Domestic

Unit 4: Marketing Research

Week-3

Unit 5: Competitive Analysis and Strategies

Unit 6: Forecasting for Tourism and its Products

Week-4

Unit 7: Role of Technology in Tourism Marketing

Unit 8: Role of Public Organisations

Week-5

Unit 9: Role of Local Bodies

Unit 10: Role of NGOs

Week-6

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Unit 11: Socially Responsible

Unit 12: Social Marketing

Week-7

Unit 13: Product Designing

Unit 14: Pricing Strategies

Week-8

Unit 15: Promotion Strategies

Unit 16: Distribution Strategies

Week-9

Unit 17: The Fifth P: People, Process and Physical Evidence

Unit 18: Familiarization Tours

Week-10

Unit 19: Seasonal Marketing

Unit 20: Trade Fairs and Festivals

Week-11

Unit 21: Regions, Cities, Leisure Spots

Unit 22: Events, Activities, Individuals

Week-12

Unit 23: Shopping, Education and Culture

Unit 24: Marketing Local Foods

Week-13

Unit 25: Star Category Hotels

Unit 26: Alternative Accommodation

Week-14

Unit 27: Supplementary Accommodation

Unit 28: Linkages in the Trade

Week-15

Unit 29: Airlines Marketing

Unit 30: Tourist Transport Marketing

Week-16

Unit 31: Travel Agency Marketing

Unit 32: Tour Operators Marketing

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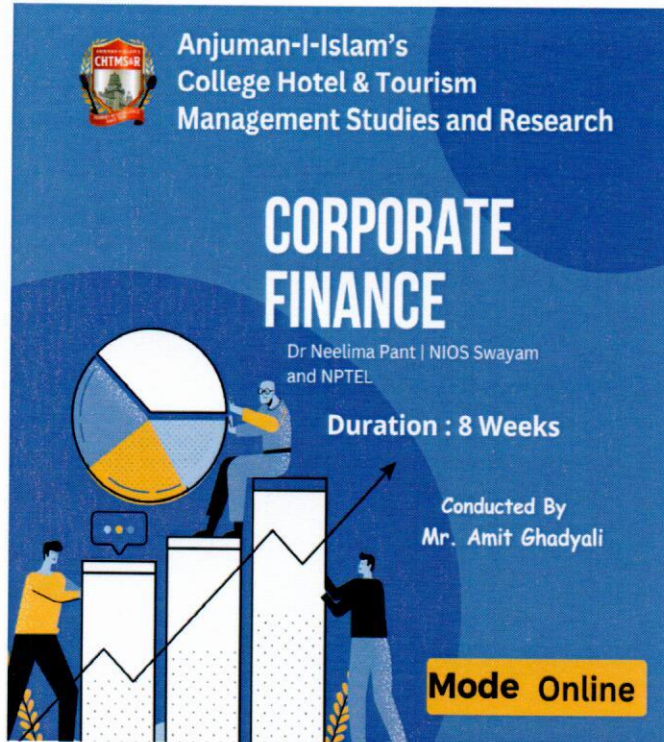


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- Week 1** : Introduction to Corporate Finance and Related Concepts (Sources of finance and risk and return)
- Week 2** : Time value of money and long-term investment decisions
- Week 3** : Investing Decisions: Project appraisal and capital budgeting decisions
- Week 4** : Financing Decisions: Cost of capital and its impact on firm valuation
- Week 5** : Financing Decisions: Capital structure theories and applications, concepts of leverage
- Week 6** : Working Capital Management: Profitability and liquidity, operating and cash conversion cycles
- Week 7** : Working Capital Management: Debtors, inventory, and payables
- Week 8** : Payout Decisions: Dividend theories, models, and applications

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ENTREPRENEURSHIP

Prof. Meeta Nihalini | IIT Madras
NPTEL via Swayam

Conducted By
Mrs. Darshana Gangurde



12 weeks

Mode : Online

- Module 1: Entrepreneurial Journey
- Module 2: Entrepreneurial Discovery
- Module 3: Ideation and Prototyping
- Module 4: Testing, Validation and Commercialisation
- Module 5: Disruption as a Success Driver
- Module 6: Technological Innovation and Entrepreneurship – 1
- Module 7: Technological Innovation and Entrepreneurship – 2
- Module 8: Raising Financial Resources
- Module 9: Education and Entrepreneurship
- Module 10: Beyond Founders and Founder-Families
- Module 11: India as a Start-up Nation
- Module 12: National Entrepreneurial Culture
- Module 13: Entrepreneurial Thermodynamics


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2021 -22

Topic Name	Class	Year
Body Language : Key to Professional Success	F.Y.BSc.(HS)	2021-2022
Developing Soft Skills And Personality	F.Y.BSc.(HS)	2021-2022
Introduction to Internet of Thing	F.Y.BSc.(HS)	2021-2022
Canning Technology, Value Addition Of Seafood (Fish Processing)	S.Y.BSc.(HS)	2021-2022
Foundation Course In Tourism	S.Y.BSc.(HS)	2021-2022
Managing Services	S.Y.BSc.(HS)	2021-2022
Organizational Behaviour	T.Y.BSc(HS)	2021-2022
Energy Conservation and waste Heat Recovery	T.Y.BSc(HS)	2021-2022
Dairy and food process and Products Technology	T.Y.BSc(HS)	2021-2022

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BODY LANGUAGE : KEY TO
PROFESSIONAL SUCCESS

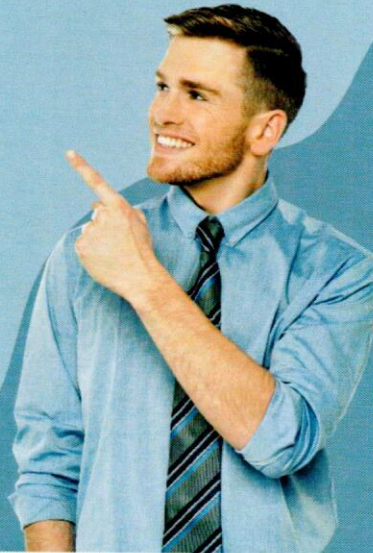
IIT - Rookree and NPTEL -
Swayam

CONDUCTED BY

Mrs. Preeti Tembey

MODE
ONLINE

Duration
8 WEEKS



Week 1: Defining Body Language, Scope and Relevance, Changing Contours, Classification, Defining Proxemics, Four Zones, Behavioral Connotations, Space and Designs, Haptics and its Role, Behavioral Significance

Week 2: Shaking Hands and other tactile behavior. Cultural Variations, Occulesics, Right and Left Brain Associations, Different Types of Eye Contact, Individual and Group situations, Facial Expressions, Smiles and Nods, Head Tilts and Inclines

Week 3: Facial Expressions, Cultural Interface, Kinesics: Types and Contexts, Negative and Positive Gestures, Hand Movements and Steepling, Understanding Finger Movements, Fidgeting and Ticks

Week 4: Paralanguage and Voice Modulations, Chronemics, Chromatics, Cultural and Gender Based aspects, Stereotypes, Body Language: Online Presence and Video Interviews

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Developing Soft Skills And Personality

Prof. T. Ravichandran

IIT - Kanpur and NPTEL via Swayam

Conducted By
Mrs. Darshana Gangurde

Mode
Online

Duration
8 Weeks



Week 1: Lecture 1: Introduction: A New Approach To Learning
Lecture 2: Planning And Goal-Setting
Lecture 3: Human Perceptions: Understanding People
Lecture 4: Types Of Soft Skills: Self-Management Skills
Lecture 5: Aiming For Excellence: Developing Potential And Self-Actualisation
Lecture 6: Need Achievement And Spiritual Intelligence

Week 2: Lecture 7: Conflict Resolution Skills: Seeking Win-Win Solution
Lecture 8: Inter-Personal Conflicts: Two Examples
Lecture 9: Inter-Personal Conflicts: Two Solutions
Lecture 10: Types Of Conflicts: Becoming A Conflict Resolution Expert
Lecture 11: Types Of Stress: Self-Awareness About Stress


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Lecture 12: Regulating Stress: Making The Best Out Of Stress

Week 3: Lecture 13: Habits: Guiding Principles

Lecture 14: Habits: Identifying Good And Bad Habits

Lecture 15: Habits: Habit Cycle

Lecture 16: Breaking Bad Habits

Lecture 17: Using The Zeigarnik Effect For Productivity And Personal

Growth

Lecture 18: Forming Habits Of Success

Week 4: Lecture 19: Communication: Significance Of Listening

Lecture 20: Communication: Active Listening

Lecture 21: Communication: Barriers To Active Listening

Lecture 22: Telephone Communication: Basic Telephone Skills

Lecture 23: Telephone Communication: Advanced Telephone Skills

Lecture 24: Telephone Communication: Essential Telephone Skills

Week 5: Lecture 25: Technology And Communication: Technological Personality

Lecture 26: Technology And Communication: Mobile Personality?

Lecture 27: Topic: Technology And Communication: E-Mail Principles

Lecture 28: Technology And Communication: How Not To Send E-Mails!

Lecture 29: Technology And Communication: Netiquette

Lecture 30: Technology And Communication: E-Mail Etiquette

Week 6: Lecture 31: Communication Skills: Effective Communication

Lecture 32: Barriers To Communication: Arising Out Of Sender/Receiver's
Personality

Lecture 33: Barriers To Communication: Interpersonal Transactions

Lecture 34: Barriers To Communication: Miscommunication

Lecture 35: Non-Verbal Communication: Pre-Thinking Assessment-1

Lecture 36: Non-Verbal Communication: Pre-Thinking Assessment-2

Week 7: Lecture 37: Nonverbal Communication: Introduction And Importance

Lecture 38: Non-Verbal Communication: Issues And Types

Lecture 39: Non-Verbal Communication: Basics And Universals

Lecture 40: Non-Verbal Communication: Interpreting Non-Verbal Cues

Lecture 41: Body Language: For Interviews

Lecture 42: Body Language: For Group Discussions

Week 8: Lecture 43: Presentation Skills: Overcoming Fear

Lecture 44: Presentation Skills: Becoming A Professional

Lecture 45: Presentation Skills: The Role Of Body Language

Lecture 46: Presentation Skills: Using Visuals

Lecture 47: Reading Skills: Effective Reading

Lecture 48: Human Relations: Developing Trust And Integrity


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**INTRODUCTION
TO INTERNET OF
THINGS**

By Prof. Sudip Misra | IIT Kharagpur

Conducted By
Mr. Suhel Sayed

Duration
12 WEEKS

**MODE
ONLINE**

- Week 1: Introduction to IoT: Part I, Part II, Sensing, Actuation, Basics of Networking: Part-I
- Week 2: Basics of Networking: Part-II, Part III, Part IV, Communication Protocols: Part I, Part II
- Week 3: Communication Protocols: Part III, Part IV, Part V, Sensor Networks: Part I, Part II
- Week 4: Sensor Networks: Part III, Part IV, Part V, Part VI, Machine-to-Machine Communications
- Week 5: Interoperability in IoT, Introduction to Arduino Programming: Part I, Part II, Integration of Sensors and Actuators with Arduino: Part I, Part II
- Week 6: Introduction to Python programming, Introduction to Raspberry Pi, Implementation of IoT with Raspberry Pi
- Week 7: Implementation of IoT with Raspberry Pi (contd), Introduction to SDN, SDN for IoT

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**CANNING TECHNOLOGY,
VALUE ADDITION OF
SEAFOOD (FISH PROCESSING)**

Prof. Abhilash Sasidharan, Prof. Maya Raman
KUFOS Panangad NPTEL via Swayam

Conducted By
Mrs. Simoene Dias

8 weeks

Mode : Online

Week 1: Introduction & the concept of Canning Technology and History of Canning Technology

Week 2: Containers used for canning and their properties

Week 3: The Canning Process and Thermal process calculations

Week 4: Bacteriology of canning and Defects and spoilage in canning

Week 5: Canning procedure for various seafood products

Week 6: Standards for canning operations

Week 7: Value Addition in thermally processed seafood products

Week 8: Quality Standards for Seafood Value Added Products

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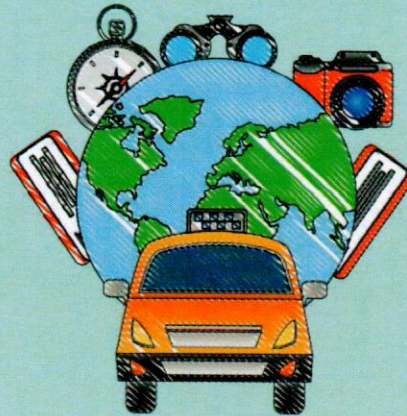
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FOUNDATION COURSE IN TOURISM

IGNOU Delhi via Swayam

CONDUCTED BY
Mr. Benny Thomas

Mode
Online



Duration
16 Weeks

Week 1:

Block 1: Tourism Phenomenon
Unit 1: Understanding Tourism 1
Unit 2: Understanding Tourism 2

Week 2:

Block 1: Tourism Phenomenon
Unit 3: Historical Evolution and Development
Block 2: Tourism as an Industry
Unit 4: Tourism System

Week 3:

Block 2: Tourism as an Industry
Unit 5: Constituents of Tourism Industry and tourism organizations
Unit 6: Tourism Regulations
Unit 7: Statistics and Measurements

Week 4:

Block 3: Tourism Services and Operations-1


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Unit 8: Modes of Transport

Unit 9: Tourism Accommodation

Week 5:

Block 3: Tourism Services and Operations-1

Unit 10: Informal Services in Tourism

Unit 11: Subsidiary Services Categories and Roles

Week 6:

Block 3: Tourism Services and Operations-1

Unit 12: Shops, Emporiums and Melas

Block 4: Tourism Services and Operations-2

Unit 13: Travel Agency

Unit 14: Tour Operator

Block 4: Tourism Services and Operations-2

Unit 15: Guides and Escorts

Unit 16: Tourism Information: Sources

Week 8:

Block 5: Geography and Tourism

Unit 17: India's Biodiversity: Landscape, Environment and Ecology

Unit 18: Seasonality and Destinations

Unit 19: Map And Chart Work

Block 6: Tourism Marketing and Communications

Unit 20: Tourism Marketing – 1: Relevance, Product Design, Market Research

Unit 21: Tourism Marketing – 2: Promotional Events Advertising, Publicity, Selling

Block 6: Tourism Marketing and Communications

Unit 22: Role Of Media

Unit 23: Writing For Tourism

Unit 24: Personality Development And Communicating Skills

Week 11:

Block 7: Tourism: The Cultural Heritage

Unit 25: Use of History

Unit 26: Monuments and Museums

Week 12:

Block 7: Tourism: The Cultural Heritage

Unit 27: Living Culture and Performing Arts

Unit 28: Religions of India

Week 13:

Block 8: Tourism Planning and Policy

Unit 29: Tourism Policy and Planning

Week 14:

Block 8: Tourism Planning and Policy

Unit 30: Infrastructural Development

Week 15:

Block 8: Tourism Planning and Policy

Unit 31: Local Bodies, Officials and Tourism

Unit 32: Development, Dependency and Manila Declaration

Week 16:

Block 9: Tourism Impact


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Unit 33: Economic Impact

Unit 34: Social, Political and Environment Impact

Unit 35: Threats and Obstacles

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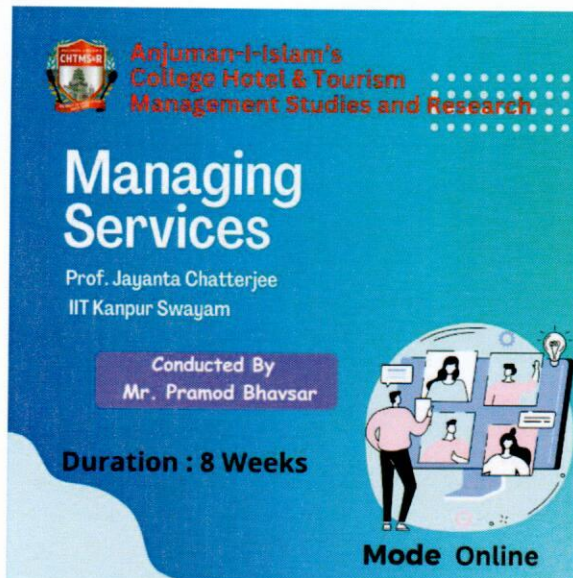


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Week 1: What is Service?/Evolving Service Markets/The Service Customers/Product Service Systems/The Service Act Seamless Service

Week 2: Service Management Elements/Core Vs. Supplementary Services/Intangibility of Services/Response to IHIP Challenges/Process & Promotion/Process Issues in Service

Week 3: Challenges of Services-1/Service Uniqueness-2/Consumer in the Services Flow-1/Service Consumer Behaviour-2/Customer Co Creation of Services-1/Customer Co Creation of Services-2

Week 4: Positioning the Service Offering/Important Vs. Determinant attributes/Positioning & Brand Creation/Positioning Maps/Designing & Managing Service as a Process/Balancing Demand & Capacity

Week 5 : Service Logistics & Service Channels/E-Services/Service Failure/Service & the New Media/Service Recovery/Integrating People & Process for Service Leadership

Week 6 : Pricing Fundamentals/Pricing Fundamentals/Service Pricing/Service Pricing/Revenue Management/Revenue Management

Week 7 : Managing Service Productivity/Developing the Relation Focused Service Excellence/Customer as Co-creator

Week 8 : Service Entrepreneurs/Service Professionals/Service Business Models/Service Globalization/Creating Customer focused Service Leadership

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**ORGANIZATIONAL
BEHAVIOUR**

By Prof. M. P. Ganesh
Indian Institute of Technology Hyderabad and
NPTEL via Swayam

Conducted By
Mr. Amit Gadyali

MODE ONLINE

Week 1 : Introduction – a) defining organization, behavior and organizational behavior, b) assumptions of OB, c) principles of OB, d) levels of OB, e) scope of OB, f) OB and Human Resource Management, g) Applications of OB, h) Historical developments of OB, i) emerging concerns

Week 2 : Perception and Learning – a) understanding perception, b) Basic elements of perception, c) Principles of perceptual selection, d) Perceptual grouping, e) Social Perception, f) Self-perception and identity, g) attribution of causality, h) Perceptual biases in social perception, i) Implications for human resource management, j) defining learning, k) classical and operant conditioning l) learning in organizations

Week 3 : Personality – a) Defining Personality, b) History of the concept, c) Key assumptions, d) biological and social determinants, e) Theories – Intrapsychic theory, social learning theory, self-theory, Trait and type theories f) Related concepts (locus of control, dogmatism, authoritarianism, Machiavellianism), g) measuring personality.

Week 4 : Attitudes – a) Definition, b) Key elements of attitudes, c) Attitudes and related concepts (Values, opinion, belief and ideology), e) Characteristics of attitudes, f) Attitude formation, g) Attitude measurement, h) Changing attitudes, i) Attitudes at workplace (job satisfaction, work attitude and organizational commitment), j) Prejudice and discrimination at workspace.

Week 5 : Emotions in workplace - a) Definition, b) Types of emotions, c) Related concepts (mood, temperament), d) Stress in workplace, e) General

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Adaptation Syndrome, f) Managing Stress, g) Psychosomatic disorders and stress h) emotional labor and emotional contagion.

Week 6 : Motivation – a) Definition, b) Process of motivation, c) Types of motives, d) Motivators at workplace, e) Motivation theories (Process and Content theories)

Week 7 : Interpersonal Dynamics – a) Definition, b) Psychological Contract, c) Trust and trust building, d) Prosocial behavior, e) Cooperation Vs Competition f) Conflict management, g) Levels and types of conflict at workplace, h) Conflict management Styles, i) Managing Negotiations

Week 8 : Power and Leadership - a) Defining Power, b) Sources of Power, c) Organizational politics, d) Leadership e) Managers Vs Leaders, f) Trait and Type approach to leadership g) Leadership style, h) Leadership Grid, i) Contingency Theories j) Contemporary issues

Week 9 : Team Dynamics – a) Groups and Teams, b) Types of Teams, c) Stages in group development, d) problems in team work (Free riding, social loafing, group think), e) Cross-cultural virtual teams.

Week 10 : Organizational culture – a) Defining culture, b) levels of culture, c) cultural dimensions, d) high and low context cultures, e) Strong and weak organizational cultures, f) Expressions of organizational culture, g) Impact of culture on individuals, h) Organizational cultural change

Week 11 : Organization Change – a) Change in Organizations, b) Nature of the change process, c) Types of change, d) Impact of change, e) Managing resistance to change, f) Organizational Development interventions

Week 12 : Organizational Structure and Design – a) Basic dimensions of structure, b) Departmentalization, c) Organizational life cycle, d) Organizations as socio-technical systems, e) Organizational design and its impact on employees, f) Organizational boundary spanning

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ENERGY CONSERVATION AND WASTE HEAT RECOVERY

Prof. Prasanta Kumar Das &
Prof. Anandaroop Bhattacharya
IIT Kharagpur & NPTEL via Swayam

Conducted By
Dr. Girish Sakpal



MODE
ONLINE

Duration
12 WEEKS

Week 1 : Introduction to Waste Heat, Importance of Waste Heat Recovery, Review of Thermodynamics – Introduction to First and Second Laws

Week 2 : Review of Thermodynamics – Entropy, Entropy Generation, First and Second Law efficiency

Week 3 : Power Plant Cycles - Energy Cascading, Rankine Cycle, modification of Rankine cycle, examples

Week 4 : Gas Turbine Cycle, Combined Cycle, Combined Gas Turbine-Steam


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Turbine Power Plant, Heat Recovery Steam Generators

Week 5 : Thermodynamic cycles for low temperature application, Cogenerations,
Introduction to Heat Exchangers, Analysis – LMTD and ϵ -NTU method

Week 6 : Analysis of Heat Exchanger – continued, Problem solving, Special Heat
Exchangers for Waste Heat Recovery, Synthesis of Heat Exchanger

Network

Week 7 : Heat pipes & Vapor Chambers, Direct conversion technologies –
Thermoelectric Generators.

Week 8 : Direct conversion technologies – Thermoelectric Generators (contd.),
Thermoionic conversion, Thermo-PV, MHD

Week 9 : Heat Pump; Heat Recovery from Incinerators, Energy Storage –
Introduction.

Week 10 : Energy Storage Techniques – Pumped hydro, Compressed Air, Flywheel,
Superconducting Magnetic storage

Week 11 : Energy Storage Techniques – Thermal storage (Sensible & Latent),
Battery,

Chemical Energy Storage, Fuel cells.

Week 12 : Energy Economics

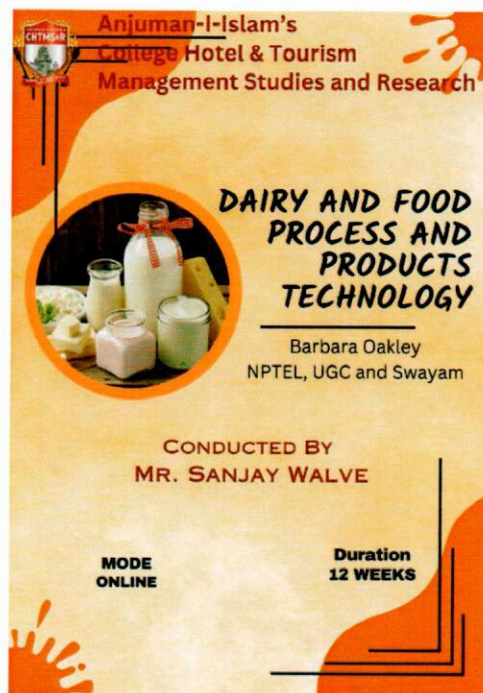
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Week 1: Basic principles and methods of food processing and preservation. Emerging Technologies in food processing. Food additives and preservatives.

Week 2: Food law and standards. Effect of processing on acceptability and nutritive value of food.

Week 3: Physico-chemical properties and structure of milk and milk constituents.

Week 4: Chemical and microbial spoilage of milk and milk products; Fluid milk Processing, packaging and distribution.

Week 5: Common dairy processes – cream separation (standardization), pasteurization, sterilization and Homogenization.

Week 6: Process technology for manufacture of evaporated milk, condensed milk, dried milk, malted milk, infant and baby foods, ice-cream, cheese, butter, fermented milk and indigenous dairy products.

Week 7: Methods and procedures for sampling and testing of milk and milk products. Laws and standards for milk and milk products.

Week 8: Technological processes for industrially manufactured foods of commercial importance, from plant and animal origin.

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Week 9: Cereals, vegetables, fruits, meats, poultry and egg products; Bakery, pasta and confectionary products, ready to eat foods, fermented foods, alcoholic and non-alcoholic Beverages, tea, coffee and cocoa, fabricated foods.

Week 10: Packaging materials; Characteristics, properties and their design. Packaging requirement for Different processed and unprocessed foods.

Week 11: Working Principles of various type of fillers : form-fill- seal machine.

Week 12: Gas packaging and modified atmosphere Package design. Shelf life prediction of foods in packages. Quality control in Food packaging. Product safety and packaging regulations.

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2022 – 23

Topic Name	Class	Year
Operating System Fundamentals	F.Y.BSc.(HS)	2022 - 2023
Corporate Social Responsibility	F.Y.BSc.(HS)	2022 - 2023
Sociology of Resource Management	F.Y.BSc.(HS)	2022 - 2023
Uncommon Sense Teaching	S.Y.BSc.(HS)	2022 - 2023
The Science of Happiness and Wellbeing	S.Y.BSc.(HS)	2022 - 2023
Mushroom Production from NIOS	S.Y.BSc.(HS)	2022 - 2023
Post-Harvest Operations And Processing Of Fruits, Vegetables, Spices And Plantation Crop Products	T.Y.BSc(HS)	2022 - 2023
Food Science & Processing	T.Y.BSc(HS)	2022 - 2023
Research Methodology	T.Y.BSc(HS)	2022 - 2023

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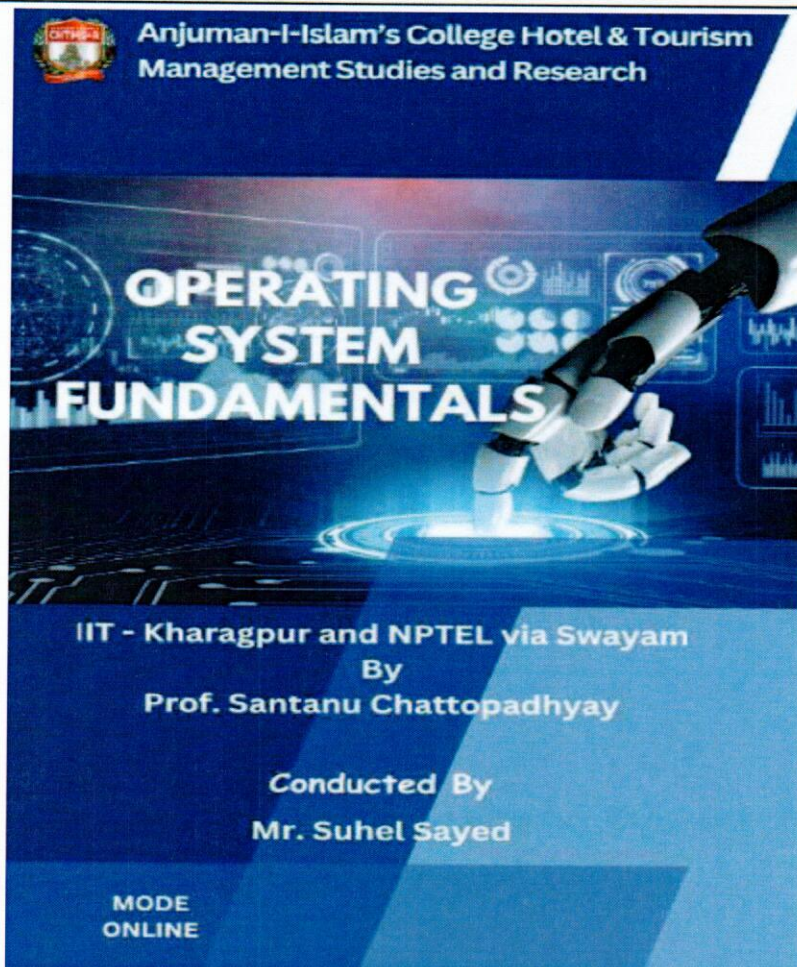


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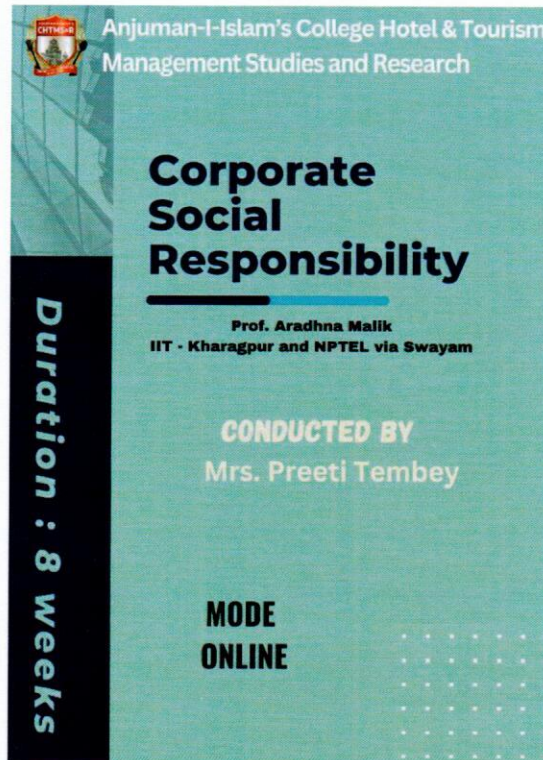
- Week 1:** Introduction
- Week 2:** Processes and Threads – Part I
- Week 3:** Processes and Threads – Part II
- Week 4:** Interprocess Communication
- Week 5:** Concurrency and Synchronization – Part I
- Week 6:** Concurrency and Synchronization – Part II
- Week 7:** Deadlock
- Week 8:** CPU Scheduling
- Week 9:** Memory Management
- Week 10:** Virtual Memory – Part I
- Week 11:** Virtual Memory – Part II
- Week 12:** File System Processes and Threads – Part I



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- Week 1: Module 1: Introduction to CSR: What and Why of CSR
- Week 2: Module 2: Emergence of CSR: History and current scenario
- Week 3: Module 3: Stakeholders: Organization, Government, Society and Regulatory Environments
- Week 4: Module 4: Planning and Implementing CSR activities
- Week 5: Module 5: Evaluating and developing CSR activities
- Week 6: Module 6: Corporate Governance
- Week 7: Module 7: CSR and Sustainability
- Week 8: Module 8: Future Directions

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**Anjuman-I-Islam's College Hotel
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Research**

**SOCIOLOGY
OF RESOURCE
MANAGEMENT**

Prof. Amrita Sen, Prof. Archana Patnaik
IIT - Kharagpur and NPTEL via Swayam

Conducted By
Mr. Pramod Bhavsar

Mode : Online

Week 1&2: Natural resource management and different theoretical approach

Week 3&4: Community control of natural resources and man made resources

Week 5&6: Understanding urban commons

Week 7&8: Participatory approaches to resource management in India

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UNCOMMON SENSE TEACHING

NPTEL, UGC and Swayam By
Barbara Oakley

CONDUCTED BY
Mrs. Darshana Gangurde

**MODE
ONLINE**

8 weeks



Week 1 & Week 2

Active Learning to all

Week 3 & Week 4

Helping the Brain Build Better Links for Learning

Week 5 & Week 6

Practice, Passion and Procrastination

Week 7 & Week 8

How Human Brains Evolved-and why this matters for you teaching


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**THE SCIENCE OF
HAPPINESS AND
WELLBEING**

Prof. Priyadarshi Patnaik &
Prof. Manas K. Mandal
IIT Kharagpur,
Swayam and NPTEL

Conducted By
Mr. Benny Thomas

**Duration
8 weeks**

**Mode
Online**

Week 1: Operationalizing happiness: Defining happiness

Week 2: Understanding the construct of happiness: The science of happiness These five modules would introduce the key concepts that make up the science of happiness, and create the basic ground for the sessions to follow. It would also include pretests to assess current happiness and other related parameters.

Week 3: Factors influencing happiness: Biological, psychological & socio-cultural factors These modules would focus on the key components influence happiness through talks, case studies and self-learning tasks.

Week 4: Unanswered questions: What makes us happy? The modules in this week would focus on the myths as well as the simple secrets of happiness and how to make the act successful through understanding and practice. Happiness: The dynamics within: Key ingredients of happiness These modules would address the key ingredients with scientific evidence, case studies and online assignments and assessments.

Week 5: Train yourself in Happiness: Two short modules on Mindfulness These sessions would take us through the science as well as the art of mindfulness through online practice sessions and training aids. Happiness in the social context: Three modules on Emotional Intelligence. Emotions play a key role in happiness and need to be addressed in their various ways in response to people and society. Tests, assessments and training sessions to hone skills would be included.

Week 6: Happiness at work: Getting rid of daily hassles Happiness and efficiency, happiness and creativity, and various other key components like innovation and follow would be addressed in these units. Fine tuning work-life balance: Strategies to develop happiness Through units as well as assessment tools participants would be guided

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through techniques to hone their work-life balance – a key component of success as well as happiness.

Week 7: Becoming happier: State & trait of happiness This week would focus on sustaining and enhancing what has been learnt so far through both theoretical as well as training inputs.

Week 8: Creating happiness: Making a difference for others Happiness needs to spread.

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**MUSHROOM PRODUCTION
FROM NIOS**

**NIOS SWAYAM AND NPTEL BY
DR NEELIMA PANT**

**CONDUCTED BY
MRS. SIMMOENE
DIAS**

**MODE
ONLINE**

Week 01 & Week 02

Introduction to mushroom

Week 03 & Week 04

Mushroom Spawn (seed) production/ procurement

Week 05 & Week 06

Cultivation of Button mushroom

Week 07 & Week 08

Cultivation of Oyster mushroom

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**POST HARVEST OPERATIONS
AND PROCESSING OF FRUITS,
VEGETABLES, SPICES AND
PLANTATION CROP PRODUCTS**

Prof. Hari Niwas Mishra
IIT Madras and NPTEL via
Swayam

CONDUCTED BY
Dr. Girish Sankpal

**MODE
ONLINE**

**Duration
12 WEEKS**

Week 1: Composition, Nutritional and Health Value

Week 2: Post Harvest Handling and Storage

Week 3: Processing and Preservation Principles

Week 4: Primary Process Operation (On-Farm & In-Plant)

Week 5: Minimal Processing Strategies and Hurdle Technology

Week 6: Juices and Concentrates

Week 7: Dehydrated and Snack Food Products

Week 8: Processing of Plantation Crop Products

Week 9: Spices and Condiments Technology

Week 10: Plant-Based Fermented Foods and Beverages

Week 11: Packaging and Storage

Week 12: Green Technologies, By-products & Waste Utilization (Waste to Wealth)

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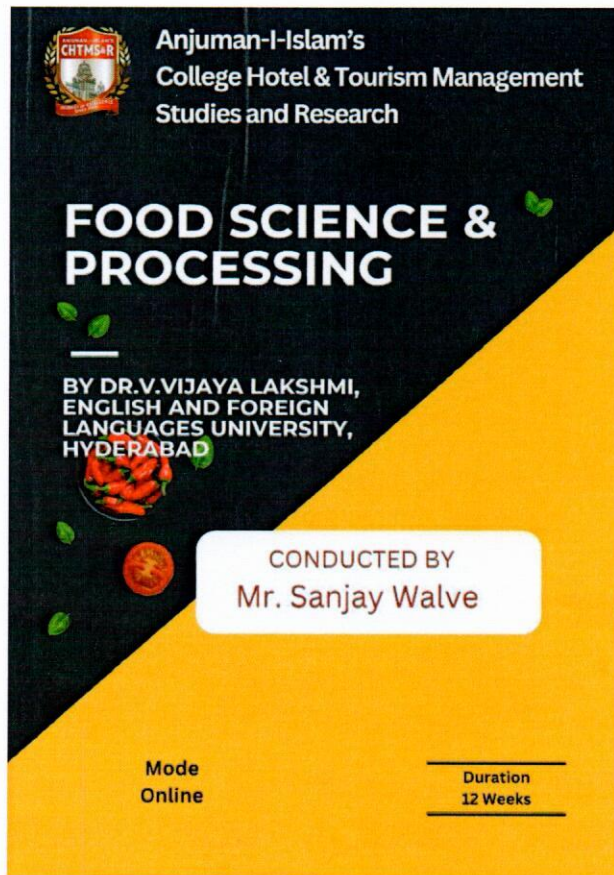


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WEEK - 01

Concept of Nutrition and Functions of Food

Scope of Human Nutrition

Classification of nutrients, Recommended Dietary Allowances

Energy in Human Nutrition

Objective

WEEK - 02

Energy requirements for humans

Basal Metabolic Rate

Sources and Functions of Carbohydrates, Proteins and Fats

Digestion & absorption of carbohydrate index, glycemic load original

Objective

WEEK - 03

Dietary fibre – classification and composition, nutritional significance

Protein quality

Digestion and absorption of lipids

Water – Functions and Requirements

Objective




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WEEK - 04	Objective
Minerals and Trace Elements	
Fat soluble Vitamins - Physiological role, bioavailability, sources, deficiency and excess	
Water Soluble Vitamins	
Assessment of nutritional status	
WEEK - 05	Objective
Basic terminology used in food Preparation	
Methods of cooking	
Structure, Composition and Nutritive Value of Cereals, Millets and Pulses	
Structure, Composition and Nutritive Value of Fruits and Vegetables	
WEEK - 06	Objective
Nutritional aspects and use of vegetables and fruits	
Structure, Composition and Nutritive Value of Milk and Milk Products	
Structure, composition and Nutrition and Nutritive value of Nuts and oilseeds	
Structure, Composition and Nutritive value of Meat and Fish	
WEEK - 07	Objective
Meat types selection spoilage preservation cooking	
Fundamentals of Food and Nutrition – Eggs	
Structure, composition and nutritive value of Egg and Poultry	
Types of Sugars and nutritional contribution of sugars	
WEEK - 08	Objective
Uses of sugar in cookery	
Role of Spices, Herbs and condiments	
Production, processing, cost and nutritional aspects of beverages	
Food supplementation, substitution, fortification and enrichment	
WEEK - 09	Objective
Food Adulteration	
Food Standards	
Importance of sanitation and hygiene in food	
Post harvest handling, Marketing and Distribution of Foods	
WEEK - 10	Objective
Laws governing food service establishments	
Laws concerning hygiene and safety	
Menu planning, purchasing and storage of food for quantity food production	
Common nutritional problems in India	



Principal

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DURATION : 12 WEEKS

Anjuman-I-Islam's
College Hotel & Tourism Management
Studies and Research

**RESEARCH
METHODOLOGY**

Prof. G.S. Bajpai
National Law University Delhi
and CEC via SwayaM

**CONDUCTED BY
Mr. Amit Gadyali**

**MODE
ONLINE**

- Week 1: Philosophy of Science (subjective versus objective, materialism versus idealism, causality, etc.)
- Week 2: Logical Reasoning (inductive logic, deductive logic, syllogistic logic)
- Week 3: History of development of science and the influence of philosophy
- Week 4: What Scientists Actually Do
- Week 5: Forming a Hypothesis
- Week 6: Techniques of Scientific Measurement
- Week 7: Testing of hypothesis
- Week 8: Methods of Theoretical Research
- Week 9: The Art of Scientific Communication
- Week 10: Presentation in Seminars and Conferences
- Week 11: Sponsored Research
- Week 12: Ethical Conduct in Science

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